



**TEXAS**  
Health and Human  
Services

**Texas Department of State  
Health Services**

# Medical Home Learning Collaborative

FY19, Q4

July 17, 2019

# Housekeeping

- All lines are in listen only mode
  - To speak, click the raise hand icon and the organizer will unmute your line
- If your computer does not have a mic, please use the phone for audio (phone is preferred)
  - Dial audio pin to enable audio
- Use the Question box to:
  - Communicate with organizers
  - Ask the speaker a question
  - Get help with technical difficulties
- Today's call will be recorded
- Agenda and PDF of slides are available in the Handouts section

# Agenda

1. Welcome & Housekeeping
2. Children with Special Health Care Needs by Lianna Burton
3. CSHCN Systems Development Group Updates
4. Upcoming Events
5. Other Member Updates and Events
6. Resources
  - a) Emergency preparedness, summer camps, water safety, health equity
7. Adjourn

# Children with Special Health Care Needs

Lianna Burton, CTCM

Eligibility Manager, Office of Primary and Specialty Health  
Health and Developmental Services  
Texas Health and Human Services Commission



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# Children with Special Health Care Needs

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# Overview



The Children with Special Health Care Needs (CSHCN) Services Program is a statewide program that helps children with special health-care needs, and people of any age with cystic fibrosis (CF), with certain health-care expenses.

# How the Program Works

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## Contractor Perspective

- CSHCN providers submit claims and are reimbursed through Texas Medicaid & Healthcare Partnership (TMHP), a Texas Health and Human Services Commission (HHSC) contractor.
- Provider enrollment and claims processing are coordinated by TMHP; except for all Family Support Services (FSS).
- FSS providers enter into open enrollment contracts with HHSC. FSS claims are paid directly by the program.





# How the Program Works

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## Family Perspective

- Eligible clients access benefits through enrolled providers and can receive services in the home, clinic, hospital or community setting.
- Eligible clients receive case management services through Health Service Region (HSR) social workers and community-based contractors.



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# Target Population

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- Children under age 21 with special health-care needs
- People of any age with CF



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# Eligibility

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- Clients must be Texas residents with a chronic physical or developmental condition that:
  - is expected to last at least 12 months;
  - will limit one or more major life activities;
  - needs more health care than what children usually need; and
  - has physical symptoms.
- Clients must also have family income that is less than or equal to 200 percent of the federal poverty level (FPL) and be under 21 years old, or any age with CF.



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# Spend Down

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Allows applicants over 200 percent FPL, who have met other eligibility requirements, to spenddown their income and meet financial eligibility.

- 12 months prior, 6 months after
- Must pay expenses, submit proof of payment to program
- Client's eligibility will start the day that they have spent down to the eligible FPL.



# Medical Review

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- Helps to expedite the completion of a CSHCN application, ensuring the application contains the required client and eligibility criteria.
- System prompts a medical review when the clinical information provided is unclear, or primary diagnosis given by provider is not a covered code.



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# Medical Review Contact

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## How it works

- Eligibility specialist will follow up with regional worker directly with an update on the case.
- Medical reviews are typically processed within five days.



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For medical review questions:  
[OPSH\\_EligibilityHelp@hhsc.state.tx.us](mailto:OPSH_EligibilityHelp@hhsc.state.tx.us)

# Medical Reviews

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System alerts  
that the case  
should go to  
medical  
review.

Regional  
eligibility to  
contact  
central office  
at Eligibility  
Help email.

Central office  
eligibility staff  
review.

Task is  
assigned to  
our policy  
nurses.

Policy nurse  
reviews  
clinical  
information  
submitted;  
follow up with  
provider.

# Services and Benefits



- Comprehensive medical services
- Case management
- Family support services
- Other types of services



# Services and Benefits

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## Comprehensive Medical Services

- Medical
- Mental health
- Dental
- Vision
- Special medical equipment and supplies



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# Services and Benefits

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## Comprehensive Medical Services

Treatment can occur in any program participating facilities, such as:

- Inpatient hospital care
- Inpatient rehabilitation care
- Ambulatory surgical care
- Emergency care
- Dialysis facilities



# Services and Benefits

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## Case Management

- Available to clients through health regional offices and community-based contractors.
- Help clients and their family obtain adequate and appropriate services that meet the clients needs.
- Also available to all clients on the CSHCN Services Program waitlist.



# Services and Benefits

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## Family Support Services

Services may include:

- Respite care
- Minor home modifications (widening door ways, handrails, ramps, bathroom adjustments, etc.)
- Vehicle modifications (wheelchair lift, hand controls, etc.)
- Child care supports
- Caregiver training
- Special equipment and supplies not otherwise covered
- Short term utility assistance
- Inspection fees for home modifications



# Services and Benefits

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## Eligibility for Family Support Services

- Client must be active in the CSHCN Services Program
- Client cannot be receiving benefits through any Medicaid waiver
- Client who is eligible for other non-Medicaid programs that provide family support benefits is still eligible
- Requested FSS may not replace or duplicate services, but can supplement services



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# Services and Benefits

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## **FSS Maximum Benefit Levels**

Annual benefit (calendar year) - \$3,600

- May increase up to \$7,200 (calendar year) for purchase of vehicle modifications
- May be used for home modifications

Home modification - Lifetime limit - \$3,600

- May combine with annual benefit for up to \$7,200 one-time
- Cost of the initial and final home inspections must be included in the total costs to not exceed \$7,200



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# Services and Benefits

## Where to Find More Information on FSS

[hhs.texas.gov/doing-business-hhs/provider-portals/health-services-providers/children-special-health-care-needs-services-program/family-support-services](https://hhs.texas.gov/doing-business-hhs/provider-portals/health-services-providers/children-special-health-care-needs-services-program/family-support-services)

### Family Support Services

[Home](#) / [Doing Business with HHS](#) / [Provider Portals](#) / [Health Services Providers](#) / [Children with Special Health Care Needs Services Program](#) / [Family Support Services](#)

+ Contracting with HHS

+ Grants

+ Licensing, Credentialing and Regulation

+ Medicaid Provider Enrollment

Open Enrollment Opportunities

— Provider Portals

+ Assistive Services Providers

+ Behavioral Health Services Providers

+ County Jails

+ Health Care Facilities Regulation

Family Support Services are services that help families take care of Children with Special Health Care Needs Services Program clients at home. These services can also help a client be more independent and able to take part in family life and community activities. Family Support Services include:

- Respite (care to relieve a child's caregiver)
- Caregiver training
- Special care supports
- Vehicle modifications (such as wheelchair lifts and hand controls)
- Minor home modifications (such as wheelchair ramps and wider doorways)
- Special equipment and supplies not otherwise covered by the

#### Resources

[Frequently Asked Questions \(PDF\)](#)

[HIPAA General Information](#)

[International Classification of Diseases-10th Revision Resource](#)

[Online Provider Search](#)

[Texas Medicaid & Healthcare Partnership](#)



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# Services and Benefits

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## Other Services

- Ambulance
- Transportation
- Transportation of deceased clients
- Insurance premiums
- Meals and lodging



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# Closer Look: Insurance Premium Payment Assistance

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- Insurance Premium Payment Assistance (IPPA) is an insurance premium reimbursement benefit.
- To be eligible for IPPA, you must maintain eligibility with CSHCN and have other health coverage—including Medicare and Medicaid Buy-In for Children (MBIC).
- Children's Health Insurance Program (CHIP) fees are not covered.



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# Finding Services

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- Clients apply by completing an application
- Regional staff review applications for clinical, financial and other eligibility criteria
- All applicants must also apply for CHIP, Medicaid or MBIC
- Clients are required to renew eligibility annually



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# Waiting List

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Once deemed eligible for benefits:

- Clients are placed on a waiting list
- Case management with HSR social workers can begin
- Program staff monitor expenditures and projections routinely, and remove clients from the waiting list as budget permits.



# Waiting List

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Additional priority considerations for the waiting list:

- Priority 1: Under age 21, urgent need
- Priority 2: 21 or older with CF, urgent need
- Priority 3: Under age 21, not urgent need
- Priority 4: 21 or older (CF), no urgent need



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# Client Demographics

In fiscal year 2017, CSHCN served 1,678 clients

**Table 1. Income Levels**

Percent of FPL	Number of Clients Served <sup>i</sup>	Percent of Clients Served	Number of Eligible Clients on Waitlist
100% of FPL or less	1,055	62.8%	340
101-150% of FPL	392	23.4%	99
151-200% of FPL	208	12.4%	80
201% of FPL or above <sup>ii</sup>	23	1.4%	36
Total	1,678		555

<sup>[i]</sup> Clients served numbers may change due to a 95-day claims filing deadline.

<sup>[ii]</sup> Proof of spend down is required for all clients above 200 percent of FPL. Household income exceeding 200 percent of the FPL can be adjusted by deducting documented household medical expenses from total income.



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# Client Demographics



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**Table 2. Insurance Status**

Insurance Type <sup>i</sup>	Number of Clients Served	Percent of Clients Served	Number of Eligible Clients on Waitlist
Medicaid	93	5.5%	178
Children's Health Insurance Plan (CHIP)	21	1.3%	11
Private Insurance	72	4.3%	44
None	1,492	88.9%	322
Total	1,678		555

<sup>[i]</sup> Clients may be eligible for more than one type of insurance coverage (Medicaid, CHIP, or private insurance) at different times in the reporting year. Therefore, the number of clients served in this report used a hierarchical methodology to list a unique count of clients. Any clients who were enrolled in Medicaid at any time in the year were listed under Medicaid. Then, from the remaining client pool, anyone who was enrolled in CHIP at any time in the year was listed under CHIP. All remaining clients who have private insurance were listed under private insurance, and then all clients with no other coverage during the year were listed as "none."

# Statutory Authority



- Texas Administrative Code, Title 25, Part 1, Chapter 38, Children with Special Health Care Needs Services Program
- Texas Health and Safety Code, Title 2, Subtitle B, Chapter 35, Children with Special Health Care Needs
- Texas Health and Safety Code, Title 2, Subtitle B, Chapter 33, Phenylketonuria, Other Heritable Diseases, Hypothyroidism, and Certain Other Disorders

# Resources



## Website

[hhs.texas.gov/services/disability/children-special-health-care-needs-program](https://hhs.texas.gov/services/disability/children-special-health-care-needs-program)

For program clients, in English

[tmhp.com/pages/clientenglish/client\\_cshcn\\_english.aspx](https://tmhp.com/pages/clientenglish/client_cshcn_english.aspx)

For program clients, in Spanish

[tmhp.com/Pages/ClientSpanish/client\\_cshcn\\_spanish.aspx](https://tmhp.com/Pages/ClientSpanish/client_cshcn_spanish.aspx)




# Resources

TMHP CSHCN Provider Page:

[tmhp.com/Pages/CSHCN/CSHCN\\_home.aspx](http://tmhp.com/Pages/CSHCN/CSHCN_home.aspx)



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TEXAS MEDICAID & HEALTHCARE PARTNERSHIP  
A STATE MEDICAID CONTRACTOR

[Advanced](#)

[Log In](#)

## Providers CSHCN



### Enroll Today!

Click here for more information and to enroll as a CSHCN Services Program provider.

[Log in to My Account](#)  
[Go to TexMedConnect](#)  
**I would like to...**  
Click here to access provider applications and services.

Texas Medicaid | CSHCN | Family Planning | CHIP | Long Term Care | EDI | MTP | Health IT | HTW

Wednesday, May 8, 2019

[CSHCN Home](#)  
[Program Information](#)  
[CSHCN Provider Manual](#)  
[Prior Authorization](#)  
[Provider FAQ](#)  
[Forms](#)  
[Fee Schedules](#)  
[Rate Changes](#)  
[Provider Support Services](#)  
[Provider Education](#)  
[Helpful Links](#)  
**[Provider Lookup](#)**  
**Looking for a**

### CSHCN Services Program Home Page

This is the provider home page for the Children with Special Health Care Needs (CSHCN) Services Program. The information on these pages help providers succeed with their CSHCN Services Program practice.

Below are links to the current news for CSHCN Services Program providers. [Click here](#) to view past news articles.

### Current News Articles

**Top News**	New Publications
<a href="#">Third Party Liability Computer-Based Training Updates Now Available</a> - 4/12/2019	<a href="#">Banner Messages for 05-06-19 and 05-10-19</a> - 5/3/2019
<b>Benefits</b>	<a href="#">Banner Messages for 04-29-19 and 05-03-19</a> - 4/26/2019
<a href="#">Update to CSHCN Services Program Provider Manual, Physician Chapter</a> - 4/26/2019	<a href="#">Banner Messages for 04-22-19 and 04-26-19</a> - 4/19/2019
<b>Claims Reprocessing</b>	<a href="#">Banner Messages for 04-15-19 and 04-19-19</a> - 4/12/2019
<a href="#">Updates and Claims Reprocessing for Some CLIA Lab Procedure Codes, Effective April 1, 2019</a> - 4/15/2019	<b>System Information</b>
	<a href="#">Monthly system Maintenance Schedule 2018/2019</a> - 3/15/2019

### PA on the Portal

Prior authorization. Online.



We've made some changes! Click here to begin using the exciting new features our portal offers.

**PA on the Portal is here!**

Avoid a simple mistake when submitting claims for CSHCN Services Program clients.





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# **Additional Resources and Programs in the Office of Primary and Specialty Health**

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# Kidney Health Care Program



Helps Texans with end-stage renal disease to pay for their treatment including dialysis treatments, access surgery, kidney care drugs, travel to transplant or dialysis services, and Medicare premiums.

[Email: khc@hhsc.state.tx.us](mailto:khc@hhsc.state.tx.us)

Phone: 800-222-3986

[hhs.texas.gov/services/health/kidney-health-care](https://hhs.texas.gov/services/health/kidney-health-care)

## Eligibility Requirements:

- Texas Resident
- Income less than \$60,000 per year
- Diagnosis of end-stage renal disease from a licensed doctor
- Gets regular dialysis treatments or has had a kidney transplant
- Meets Medicare's definition of end-stage renal disease
- Isn't eligible for Medicaid medical, drug or travel benefits

# Hemophilia Assistance Program



Helps Texans with hemophilia cover their medical bills.

Assistance is provided with:

- blood factor replacement products; or
- reimbursement for health insurance premium payment.

[Email: hemophilia@hhsc.state.tx.us](mailto:hemophilia@hhsc.state.tx.us)

Phone: 800-222-3986

Eligibility requirements:

- Texas resident
- 18+ years old
- Income at or below 200 percent FPL
- Diagnosis of hemophilia from a licensed physician
- Not eligible for the CSHCN, Medicaid or Medicare

# Epilepsy Program



Works with providers and clinics to ensure eligible Texas residents with epilepsy or seizure-like symptoms can get comprehensive outpatient services to prevent, detect and treat health problems.

Email: [Epilepsy@hhsc.state.tx.us](mailto:Epilepsy@hhsc.state.tx.us)

Phone: 800-222-3986, Ext. 5922

OPSH Service Locator:

[opshservicelocator.hhs.texas.gov/service\\_locator/](http://opshservicelocator.hhs.texas.gov/service_locator/)

## Eligibility requirements:

- Texas resident
- Diagnosed with epilepsy certified by a licensed doctor or a statement that applicant is suspected of having epilepsy
- If under age 21 and on the CSHCN waiting list, services can be provided until the child is removed from the waiting list
- Income at or below 200 percent FPL



# Children's Autism Program



Provides focused applied behavior analysis (ABA) treatment services to children ages 3-15 with a diagnosis on the autism spectrum.

Phone: 800-222-3986, Ext. 3465

OPSH Service Locator

[opshservicelocator.hhs.texas.gov/servicelocator/](https://opshservicelocator.hhs.texas.gov/servicelocator/)

## Eligibility Requirements:

- Has a documented diagnosis on the autism spectrum made by a qualified professional
- Is 3 to 15 years old (services end on the child's 16th birthday)
- Texas resident

# County Indigent Health Care



Helps low-income Texas residents who don't qualify for other state or federal health-care programs have access to health care services.

Benefits are limited to participating administrators who provide primary, preventative and some specialty services.

## Eligibility Requirements:

- Texas resident
- Income level at or below 21 percent FPL
- Has resources less than \$2,000
- Isn't eligible for Medicaid

[Email: CIHCP@hhsc.state.tx.us](mailto:CIHCP@hhsc.state.tx.us)

Phone: 800-222-3986, Ext. 6467

OPSH Service Locator  
[opshservicelocator.hhs.texas.gov/service\\_locator/](https://opshservicelocator.hhs.texas.gov/service_locator/)

# Title V Maternal and Child Health Fee-for-Service Program



## Services for Women - Prenatal Medical/Dental (PMD)

### Prenatal Medical

- Prenatal services for pregnant women are provided for up to 60 days while the applicant is awaiting CHIP Perinatal or Medicaid assistance.

### Prenatal Dental

- Comprehensive and periodic oral evaluations, radiographs and preventative and therapeutic dental services
- For pregnant women and up to three months after they have given birth



# Title V Maternal and Child Health Fee-for-Service Program



## Services for Women - PMD

### Eligibility requirements

- Texas resident
- Not eligible for other health-care plans that provide the same services
- Income at or below 185 percent FPL

[Email: TitleVFFS@hhsc.state.tx.us](mailto:TitleVFFS@hhsc.state.tx.us)

Phone: 800-222-3986, Ext. 2752

OPSH Service Locator  
[opshservicelocator.hhs.texas.gov/servicelocator/](https://opshservicelocator.hhs.texas.gov/servicelocator/)

# Title V Maternal and Child Health Fee-for-Service Program



## Services for Children - Child Health/Dental (CHD)

### Child Health

- Preventive and primary health services - including case management for high-risk infants up to one year old.

### Child Dental

- Comprehensive and periodic oral evaluations, radiographs, and preventative and therapeutic dental services

# Title V Maternal and Child Health Fee-for-Service Program



## Services for Children - CHD

Eligibility requirements

- 21 years old or younger
- Texas resident
- Not eligible for other healthcare plans that provide the same services
- Income at or below 185 percent FPL

[Email: TitleV.FFS@hhsc.state.tx.us](mailto:TitleV.FFS@hhsc.state.tx.us)

Phone: 800-222-3986, Ext. 2752

OPSH Service Locator

[opshservicelocator.hhs.texas.gov/servicelocator/](https://opshservicelocator.hhs.texas.gov/servicelocator/)

# Title V Maternal and Child Health Fee-for-Service Program – Case Management



Case management services for this program are based on the Medicaid Children and Pregnant Women model and may be provided to eligible clients and billed to Title V MCH FFS as long as the following requirements are met:

- Providers must be Medicaid CPW providers;
- Providers must have completed the DSHS CPW training; and
- Providers must have a CPW case manager on staff.

[Email: TitleV.FFS@hhsc.state.tx.us](mailto:TitleV.FFS@hhsc.state.tx.us)

Phone: 800-222-3986, Ext. 2752

OPSH Service Locator  
[opshservicelocator.hhs.texas.gov/servicelocator/](http://opshservicelocator.hhs.texas.gov/servicelocator/)

Required CPW training through DSHS:  
[dshs.state.tx.us/caseman/default.shtm](http://dshs.state.tx.us/caseman/default.shtm)

# Primary Health Care



Works with clinic sites across Texas to ensure eligible Texas residents have access to comprehensive primary health care services, to prevent, detect and treat health problems.

The PHC Services Program serves men, women and children.

Services include:

- Diagnosis and treatment
- Emergency services
- Family planning services
- Preventive health services, including immunizations
- Health education
- Diagnostic testing, such as X-rays and lab services

# Primary Health Care



## Eligibility requirements:

- Texas resident
- Not a beneficiary of other non-HHSC programs or benefits that provide the same services
- Income level at or below 200 percent FPL

[Email: PrimaryHealthCare@hhsc.state.tx.us](mailto:PrimaryHealthCare@hhsc.state.tx.us)

Phone: 800-222-3986, Ext. 5922

OPSH Service Locator  
[opshservicelocator.hhs.texas.gov/service\\_locator/](https://opshservicelocator.hhs.texas.gov/service_locator/)



# Navigate Life Texas



- Website created to inform and empower parents and caregivers of children with disabilities or special health-care needs.
- Developed by parents, for parents, in a parent toned voice.
- Most of the content is written by caregivers of children and adults with disabilities or special healthcare needs.

<https://www.navigatelifetexas.org>

# Navigate Life Texas



[Visit Our Blog](#)

 **Navigate Life Texas**  
*Resources for families of kids with disabilities & special healthcare needs*

[Español](#) or [Select Language](#)

[Search](#)

[Home](#) [Diagnosis & Healthcare](#) [Insurance & Financial Help](#) [Family Support](#) [Education & Schools](#) [Transition to Adulthood](#) [Find Services, Groups, & Events](#)

## Get Started Now

Immediate action helps you and your child

[Watch the video »](#)



## Resources & Support for Families of Kids with Disabilities & Special Healthcare Needs

### First Steps After a Diagnosis

This website is especially for families and parents of children with disabilities or special health-care needs and is designed to offer support, inspiration, resources, and links to services available.

### Local Disability Contacts

- **Dial 2-1-1** or visit [211texas.org](http://211texas.org) for statewide programs and services
- **For children 0-3 years old**, call the HHS Office of the

<https://www.navigatelifetexas.org>



# OPSH Service Locator

[opshservicelocator.hhs.texas.gov/servicelocator/](http://opshservicelocator.hhs.texas.gov/servicelocator/)



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Office of Primary and Specialty Health  
Service Locator

Search for clinics within

All ▼

of City OR Zip Code

County

Services ?

All  
Epilepsy  
Primary Health Care  
Child Health  
Child Dental  
Prenatal Medical  
Prenatal Dental  
Children's Autism  
County Indigent Health Care

Search

About our services

[Autism](#) | [Epilepsy](#) | [Primary Health Care](#) | [Title V](#) | [County Indigent Health Care Program](#)

[Contact Us](#)



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# Questions?

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# Program Contact

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Helpline: 800-252-8023  
Main Line (Austin): 512-776-7355  
1100 West 49<sup>th</sup>, Moreton 4<sup>th</sup> Floor  
Austin, Texas 78756



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# Program Staff Contacts

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Curtis Walters, Director, OPSH

Callie Bresette, Policy and Program

Marc Terrazas, Operations

Lianna Burton, Eligibility

Julie Llerena, Lead Policy Nurse

Charlotte Anderson, Family Support Services



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# Thank you!

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# CSHCN Systems Development Group Updates





# Operation Lone Star 2019

2019

## OPERATION LONE ★ STAR

### Some services provided are:

- Immunizations for children
- Screenings:
  - Diabetic
  - Hearing and vision
  - Blood pressure
- Sports physicals
- Dental and vision exams for prescription glasses for adults and children in Brownsville, Laredo, Mission, and San Juan
- Glasses (prescription required) in Harlingen
- Preventative dental services for school-aged children and younger in Rio Grande City

**Monday, July 22 -  
Thursday, July 25**  
8:00 a.m. - 3:30 p.m.

**Friday, July 26**  
8:00 a.m. - 2:00 p.m.



Hidalgo County  
Health & Human  
Services Department



Public Health  
Prevent. Promote. Protect.



2019

## OPERATION LONE ★ STAR

### WHERE

**Cameron County:** Porter Early College High School, 3500 International Blvd., Brownsville  
Harlingen School of Health Professionals, 1901 Rio Hondo Rd., Harlingen

**Hidalgo County:** PSJA College High School, 805 West Ridge Rd., San Juan  
Juarez-Lincoln High School, 7801 West Mile 7 Rd., Mission

**Starr County:** Ac2E Magnet Elementary, 1 S. Fort Ringgold, Rio Grande City

**Webb County:** United South High School, 9th Grade Campus, 3819 Aguanieve Dr., Laredo

For more information, contact your county health department or dial **2-1-1**.



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Public Health  
Prevent. Promote. Protect.



# Upcoming Events

- [43<sup>rd</sup> Annual TAVAC Summer Conference](#)
  - July 29 – August 1 in Austin
- [27<sup>th</sup> Annual Texas Autism Conference](#)
  - August 1-2 in San Antonio
- [Person-Centered Thinking Training hosted by Arc Greater Mid Cities](#)
  - September 16-17 in Dallas
- [Texas Pediatric Society 2019 Annual Meeting](#)
  - September 19-22 in Plano
- [Healthier Texas Summit](#)
  - October 17-19 in Austin



# Upcoming Events (cont.)

- 20<sup>th</sup> Annual Chronic Illness and Disability Conference: Transition from Pediatric to Adult-Based Care
  - October 24-25 in Houston
- 19<sup>th</sup> Annual Partners in Prevention Conference
  - November 5-7 in Austin
  - Registration opens in August

# Other Member Updates and Upcoming Events



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# Emergency Preparedness

- June 1<sup>st</sup> marked the beginning of hurricane season
- Texas Prepares is now [Texas Ready](#)
  - Be informed
  - Make a plan
  - Build a kit
- Other emergency preparedness resources for individuals with disabilities and their caregivers:
  - [Navigate Life Texas](#)
  - [American Red Cross](#)
  - [Ready.gov](#)

# Texas Ready Resources



## DOCUMENT BAG CONTENTS

Imagine how hard it would be after a disaster if you couldn't prove your identity or have access to your bank account. Avoid difficult situations by making copies of important documents and keeping them in a waterproof bag.

- ☐ Current photo IDs, driver licenses, birth records, Social Security cards, passports (always keep your Social Security number separate from other documents to decrease risk of identity theft)
- ☐ Current photos of family members in case you get separated
- ☐ Health insurance and prescription cards
- ☐ Medical records, medications and dosages
- ☐ Phone numbers (family, friends, doctors)
- ☐ Bank account information
- ☐ Wills
- ☐ Insurance documents (homeowner, renter, flood, life)
- ☐ Property deeds, leases, mortgages
- ☐ Vehicle titles, insurance, leases, loan documents
- ☐ Inventory of household possessions and their value (take photos of every room, every drawer, every closet)
- ☐ Backup computer files (on a USB drive)
- ☐ Copies of important keys
- ☐ Utility bills (to prove where you live)



## PEOPLE WITH DISABILITIES AND THOSE WITH ACCESS AND FUNCTIONAL NEEDS

Think about your day-to-day needs for independence. Plan now for your health away from home. Label medical equipment with your contact information.

- ☐ Wheelchairs, walkers, and canes
- ☐ Cooler with cold packs for medications
- ☐ Extra medications and dosages
- ☐ Copies of prescriptions and medical alert tags
- ☐ Food for special diets
- ☐ Medical supplies (oxygen, glucose monitoring strips, syringes, etc.)
- ☐ Hearing aids with extra batteries
- ☐ Communication devices
- ☐ Supplies and documentation for service animals

Texas Department of State Health Services



TXReady.org



## FIRST-AID KIT CONTENTS

- ☐ 2 compress dressings (5 x 9 inches)
- ☐ 25 band-aids (different sizes)
- ☐ First-aid tape
- ☐ Antibiotic ointment
- ☐ Hydrocortisone ointment
- ☐ Pain reliever, such as aspirin, ibuprofen or acetaminophen
- ☐ Instant cold pack
- ☐ 2 pair of medical gloves (non-latex)
- ☐ Oral thermometer, scissors, tweezers
- ☐ 2 roller bandages (different widths)
- ☐ 2 elastic bandages
- ☐ 10 sterile gauze pads (different sizes)
- ☐ 2 triangular bandages (for making slings)
- ☐ First-aid instruction booklet



## PET SUPPLIES

- ☐ 3-day supply of food, water, and bowls
- ☐ Pet medications and first-aid kit
- ☐ Vaccination records
- ☐ Crate or carrier (may be required in shelters or where you spend the night)
- ☐ Leash and toys
- ☐ Cat litter and box
- ☐ Photo, in case pet gets lost

TEXAS  
READY

## EMERGENCY WALLET CARDS



TEXAS  
READY

Make sure your family has a plan in case of an emergency. Fill out these cards and give one to each member of your family to make sure they know who to call and where to meet in case of an emergency.

Four emergency wallet card templates are shown, each with a dashed border and a fold line. Each card contains fields for:

- NEIGHBORHOOD EMERGENCY CONTACT: PHONE, CELL
- NEIGHBORHOOD MEETING PLACE: PHONE
- OUT-OF-TOWN EMERGENCY CONTACT: PHONE, CELL
- OUT-OF-TOWN MEETING PLACE: PHONE
- DIAL 911 FOR EMERGENCIES
- VISIT TXREADY.ORG

The bottom right card is titled "Family Emergency Plan" and includes additional fields for family members.

Texas Department of State Health Services



## Get Ahead of What's Ahead. FAMILY EMERGENCY PLAN



TEXAS  
READY

Disasters can strike without warning, so it is important to make a plan in advance and to share and practice with the whole family. Decide together how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of your plan in a safe place where you can access in the event of a disaster.

Neighborhood Meeting Place: \_\_\_\_\_ Telephone Number: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_  
Local Contact Name: \_\_\_\_\_ Telephone Number: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_  
Out-of-Town Contact Name: \_\_\_\_\_ Telephone Number: \_\_\_\_\_  
Out-of-Town Meeting Place: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

Fill out the following information for each family member and keep it up to date.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Important Medical Information: \_\_\_\_\_  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Important Medical Information: \_\_\_\_\_  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Important Medical Information: \_\_\_\_\_  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Important Medical Information: \_\_\_\_\_  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Important Medical Information: \_\_\_\_\_

Write down where your family spends the most time: work, school and other places you frequent. Schools, daycare providers, workplaces and apartment buildings should all have site-specific emergency plans that you and your family need to know about.

Work Location One: \_\_\_\_\_ School Location One: \_\_\_\_\_  
Address: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_ Evacuation Location: \_\_\_\_\_  
Work Location Two: \_\_\_\_\_ School Location Two: \_\_\_\_\_  
Address: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_ Evacuation Location: \_\_\_\_\_  
Other Place You Frequent: \_\_\_\_\_ Other Place You Frequent: \_\_\_\_\_  
Address: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_ Evacuation Location: \_\_\_\_\_

Important Information	Name	Telephone Number	Policy Number
Doctor(s):			
Pharmacist:			
Medical Insurance:			
Homeowners/Rental Insurance:			
Veterinarian/Kennel (for pets):			

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TXReady.org

Print or request resources at <http://www.txready.org/resources/>

# Water Safety

- Swimming is a fun summer past-time that can turn dangerous very quickly
- [Colin's Hope](#) – Their mission is to raise water safety awareness to prevent children from drowning
  - Constant visual supervision
  - Learn to swim
  - Wear life jackets
  - Block access to water
  - Keep your home safer
  - Missing person? Check the water first
  - Practice drain safety and open water safety
  - Learn CPR
- Colin's Hope – [water safety tips](#) and other resources

# Other Water Safety Resources

- Drowning prevention resources and initiatives
  - [Autism Speaks](#)
  - [American Red Cross](#)
  - [Texas Drowning Prevention Alliance](#)
- Find a swim school
  - [United States Swim School Association](#)
- Adaptive swimming lessons
  - Search for classes in your area on [Navigate Life Texas](#)
  - Check local parks and recreation or local YMCA for adaptive aquatics programs

# Summer Camps

- There's still time!
- Navigate Life Texas – [Sending Your Child to Camp](#)
- Resources to find camps for children with disabilities and special health care needs:
  - [Pacer Center](#)
  - [Very Special Camps](#)
  - [Camp for All](#)
  - [American Camp Association](#) – Search for all types of camps
  - [CAMP](#) (Children's Association for Maximum Potential)

# Health Equity

- AMCHP's [newsletter](#) included several articles focusing on health equity for MCH populations
  - [Health Equity for CYSHCN: What Does it Mean for Title V?](#)
  - [Considering Health Equity for Children with ASD and Their Families](#)
- Articles
  - Caregiver Voices: Cross-Cultural Input on Improving Access to Autism Services (in handouts section of webinar)
  - [The Impact of the Patient-Centered Medical Home on Health Care Disparities](#)
- Texas Health Institute's Webinar: [County Health Rankings & Roadmaps](#)
  - July 18, 1-2 pm CT



# Health Equity (cont.)

- National Institute for Children's Health Quality
  - [Health Equity: What You Can Do](#)
  - [An Innovation in Provider Training Increases Access to Care for Sickle Cell Disease Patients](#)
- [June 2019 Medical Care Supplement Issue](#): Addressing health Disparities through the Utilization of Health Information Technology

# Scholarship Opportunity

- Frederick J. Krause Scholarship on Health and Disability
  - Funded by the American Association on Health and Disability
  - Provides financial assistance to students with physical or psychiatric disabilities who are pursuing university studies related to health and disability
  - Deadline is November 15, 2019

# Additional Resources

- Articles

- [Health Home Care for CMC: Workforce Gaps, Policy, and Future Directions](#)
- [How Do Medicaid/CHIP CSHCN Differ from Those with Private Insurance?](#)

- New AMCHP [Zika Resources](#)

- [Beyond Zika: Preparing MCH Programs for Future Threats to the Health of Families and Communities](#)
- [Preparing for the Future: Zika & Long-Term Implications for Systems of Care](#)
- [The Value of Title V in Emergency Preparedness and Response](#)

# Upcoming Meetings

- Transition to Adulthood Learning Collaborative
  - August 14, 12 pm – 1:30 pm CT
- Medical Home Learning Collaborative
  - October 16, 10 – 11:30 am CT

# Thank you!

Please take the post-call survey. We value your feedback!

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